

**COLORADO**

Assistance for those

**SERVICES TO**

with both vision

**CHILDREN WITH**

and hearing loss

**DEAFBLINDNESS**

# Fact Sheet

## Page Fluffers

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Page fluffers are simple adaptations made to books or other reading material that make pages more accessible to turn. A “fluffer” is glued, taped, or clipped to the corner of each page. The “fluffer” puts spaces between each page allowing those with limited fine motor skills to get their fingers between each page. Page fluffers are helpful in fostering independent literacy skills.

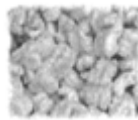


Page fluffers are placed on the top of the first page, a little bit lower on the second page, lower on the third page and so on. When you reach the bottom page, you start over at the top of the next page.

*An example of a book that has been modified with page fluffers made from paper clips, tag board and foam. Taken from Purcell & Grant (2004)*

### **Permanent Page Fluffers:**

- ✎ Female Velcro (peel and stick)
- ✎ Rubber weather stripping with adhesive back (peel and stick)
- ✎ Picture frame dots (peel and stick)
- ✎ Beads of fun foam (dried)
- ✎ Beads of puff paint (dried)
- ✎ Foam of any type (hot clued)
- ✎ Packaging peanuts (hot clued)
- ✎ Popsicle sticks (or other sturdy material) glued to the pages so one end stick out beyond the pages like tabs (hot glued)
- ✎ Furniture protectors (peel and stick)
- ✎ Bottle caps or film canister caps (hot clued)



## Removable Page Fluffers:

1. Clip a paper clip on a small piece (1"x1") of tag board or card stock (something sturdy)
2. Glue a fluffer (foam, felt, any of the "permanent" items above) to one side of the tag board.
3. Clip the material on the pages – easy non-permanent solution!
4. Paper clips with beads threaded and glued on them.



*An example of a book that has been adapted using packing peanuts as page fluffers.*



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*Fact Sheets from the Colorado Services to Children and Youth with Combined Vision and Hearing Loss Project are to be used by both families and professionals serving individuals with vision and hearing loss. The information applies to children, birth through 21 years of age. The purpose of the Fact Sheet is to give general information on a specific topic. More specific information for an individual student can be provided through personalized technical assistance available from the project. For more information call (303) 866-6681 or (303) 866-6605. Updated 1/09*

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